

May 28, 2003

Dr. Angeline-Diep Lam
2518 L St., Suite C
Sacramento, CA 95816

Dear Dr. Lam,

Thank you for your dental care these last three years. As you know I came to you with significant gum recession which had not been previously identified by other dentists although it was obvious when you pointed it out. You explained that my recession was due to asymmetric forces being expressed on my gums when I was grinding my teeth at night. The only way to correct these abnormal forces, and preserve both my gums and teeth, was to have a splint at night which distributed the grinding forces equally throughout my mouth. Mouthguards would just prevent loss of dentin on the teeth and not correct the abnormal forces producing gum recession. You custom made that splint over several visits and then referred me to a gum specialist for grafting surgery. I had lost so much of my gums by the time that I saw you that I needed replacement of parts of them. You encouraged me to get second and third opinions before my splinting and before the gum surgery and provided me with a list of gum specialists in the area. My surgery went well and since then I have retained my new gums because of the splint. In the last six months you readjusted the splint because after two years I had worn parts of it down (better to wear the splint down than my gums). Overall, I am very happy with the level of dental care you have provided. You have helped preserve and restore my gums and have always taken the time to thoroughly explain the principles behind the splinting and surgery. Thank you.

Sincerely,



Gavin Button

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