

November 19, 2012

To Whom It May Concern:

Dr. Angeline Lam is highly skilled in both general and aesthetic dentistry, and she is truly focused on what will benefit her patients. I especially recommend her for anyone who has a fear of dentists or a complicated dental problem, because I came to her with both.

At my first appointment with Dr. Lam, I cried. I was so afraid of having a dentist work on my teeth that I started crying as soon as she started looking at them. But she was so kind and patient that I knew I had finally found a dentist who could help me.

I really needed help. My teeth were in such bad shape that I was finding it difficult to eat many foods. I couldn't chew very well and couldn't tolerate hot or cold things—I couldn't really even eat a salad without suffering. And for years I had felt a twinge of embarrassment every time I smiled and showed my crooked, discolored teeth. Dr. Lam did something no other dentist had tried: she talked to me about my dental problems, and together we made a plan to fix them.

All my previous dentists had just fixed the tooth that hurt, and sometimes the same tooth had to be fixed more than once. The process was unpredictable; the only certainty was that I would face more pain and fear. Dr. Lam's approach, whether at a regular exam or an emergency visit for a broken tooth, is to keep in mind the goal we set of having teeth that are first of all strong and functional, but also look better. Everything relates to that plan and she always explains the options so we agree on the next step.

Over the years Dr. Lam has worked on my teeth many times, from the simplest exam to the the most difficult reconstruction, but in a way every visit has been the same: Dr. Lam and her staff are consistently kind and caring, and amazingly skilled. The six crowns she created for my upper front teeth not only saved me from losing those teeth, but also straightened out my bite so I can now chew comfortably. And they look so natural that people are really shocked if I tell them they are crowns.

Today I have beautiful teeth that don't hurt and do fit together well. I can eat what I like, smile without embarrassment, and feel confident that I can keep my teeth healthy. I am not afraid of my dentist—in fact she is the person I have to thank for all of this. I will always be grateful to Dr. Lam for helping me to lead a healthier life.

Sincerely,

Kathryn Rustad